

# THE MONTCALM

## ROYAL LONDON HOUSE

### Club Lounge – Breakfast Menu

*Monday / Sunday 07:00 – 10:30*

Includes a choice of juices, water, coffee or tea (*bank holidays included*)

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#### Continental breakfast

Selection of meat (salami, Parma ham) – contains **sulphites**

Selection of cheese (cheddar, Emmental) – contains **milk**

Smoked salmon

Fruity yoghurt – contains **milk, lactose**

Natural yoghurt – contains **milk, lactose**

Fresh cut fruit (blueberries, raspberries, exotic)

Mixed toasted bread – may contain **milk, egg, nuts, sesame, wheat, soya**

Selection of pastries (plain, danish, pan au choco) – contains **egg, milk, wheat**

Corn flakes – contains **soybean**

Crunchy granola – contains **oats, wheat, barley**

5 Grain muesli – contains **oats, rye, barley, wheat, spelt**

**Available upon request**

*Choco pops – contains **barley***

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#### Beverages

Espresso

Americano

Cappuccino – contains **milk**

Latte – contains **milk**

Flat white – contains **milk**

Decaffeinated coffee

Hot chocolate – contains **milk**

Freshly assorted juices (Orange, Apple, Pineapple)

English breakfast tea (rich & robust)

Earl grey tea (smooth & bright)

Jade sword green tea (spring fresh)

Lemongrass & Ginger (zesty & warming) – Decaffeinated

Jasmine silver needle (sweet & aromatic) – Decaffeinated

Chamomile flowers (mellow & refreshing) – Decaffeinated

Peppermint tea

Almond, Soya milk – **Lactose free**

*Allergen ingredients are written in **bold***