## **Breakfast Menus**

#### Coffee, tea, juices and smoothies

Bottomless drip coffee Jing Tea selection Freshly squeezed juice Blended smoothies £3.50pp £3.50pp £15 per 2ltr jug £20 per 2ltr jug

### Working Breakfast £18 per person

Please choose three options from the menu below to be served to the table for your delegates to help themselves to while you continue your meeting.

Croissants and pastries Toast, fruit jams, marmalade, marmite, Nutella, honey Freshly baked muffins Selection of cured meats and continental cheeses Fruit salad pots Bircher kilner Cottage cheese, banana, walnut kilner Greek yoghurt, fruit compote, granola Kiln roast salmon, wild rice, kale pesto Porridge, coconut milk, passion fruit

Maple cured bacon sandwiches Cumberland sausage sandwiches Smoked ham hock, free range eggs, beans Kiln smoked salmon, crème fraîche, toasted sour dough Avocado and chilli on toasted sourdough Thyme roast field mushrooms, free range egg, spinach

#### All items are available as gluten free upon pre-order

A minimum number of 10 people and 48 hours' notice is required please All our fish is responsibly sourced and wherever possible, purchased from British fishing ports

For full allergen information please ask for the manager or go to <u>www.aviarylondon.com/food</u> All prices include VAT. An optional 12.5% gratuity will be added to the final bill Aviary, Montcalm Hotel, 22-25 Finsbury Square, EC2A 1DX T: 020 3873 4060 <u>www.aviarylondon.com</u>

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## Continental Breakfast Buffet £16.50 per person

Take a break and allow people the chance to enjoy a good start to the day and interact

Fresh seasonal fruit platter Croissants and pastries Toast, fruit jams, marmalade, Marmite, Nutella, honey Selection of cured meats and continental cheeses Cereals, milk, yoghurt and honey

### British Breakfast Buffet £26 per person

A big day ahead needs a big breakfast to get your delegates prepared

#### **Continental breakfast**

Fresh seasonal fruit platter Croissants and pastries Toast, fruit jams, marmalade, Marmite, Nutella, honey Selection of cured meats and continental cheeses Cereals, milk, yoghurt and honey

#### Full English breakfast

Scrambled free range eggs, Cumberland sausage, maple cured streaky bacon, field mushrooms, grilled tomatoes, black pudding, baked beans

#### Vegetarian breakfast

Scrambled free range eggs, pan fried potato and onions, field mushrooms, grilled tomatoes, baked beans

### 'Elevenses' £14 per person

Bottomless drip coffee / Jing Tea selection Freshly squeezed juices Fresh seasonal fruit bowl Selection of biscuits and cookies Traditional scones, clotted cream and jam Daily changing cake, served whole for you to slice and serve yourself Victoria sponge, red velvet, carrot cake, coffee and walnut, pistachio (GF)

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## Lunch Menus

#### Working Lunch £22 per person

Please choose five options from the menu below to be served to the table for your delegates to help themselves to while you continue your meeting.

#### Sandwiches, wraps, bagels and breads

#### Meats

Pulled short rib Reubens sub Cumberland sausage, caramalised onions, Frenchie's mustard sandwich Smoked ham hock, egg and chip wrap Free range chicken avocado and bacon ciabatta

### Fish

Kiln smoked salmon Waldorf granary sandwich Tuna, avocado and fennel pitta, wasabi mayonnaise Coronation crab wrap Prawn and brown shrimp cocktail sandwich, charred cucumber

#### Vegetarian

Heritage beetroot, mustard and goat's cheese wrap **Cauliflower Croque Monsieur** Avocado, mixed bean and macha pitta Cheddar cheese and tomato sandwich, kale and walnut pesto

### All working lunch selections will be accompanied by

Burt's crisps Fresh seasonal fruit bowl Homemade biscuits and cookies Lemon and poppy seed drizzle cakes and peanut butter brownies

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## Buffet Lunch Menu £32 per person Please choose one dish from each section

Selection of Artisan Breads, Olive Oil, Balsamic Vinegar

#### Salads

Kiln roast salmon Waldorf Confit duck, soba noodles, cucumber and sesame Quinoa, avocado, kale, matcha and mixed bean Heritage beetroot, quinoa, feta, beansprouts

#### Vegetables

Honey and cumin glazed heritage carrots Sprouts, tops and bacon Seaweed buttered potatoes Baby gem and onion salad

#### Vegetarian

Poached duck egg, caramelised onions, potato, garlic Toasted barley risotto, leek, brown beech mushrooms Ricotta gnocchi, butternut squash, spinach, parmesan Chickpea dahl, wild rice, pomegranate and yoghurt

#### Meat

Braised pork belly, black pudding, carrots, raisins Braised feather blade of beef, baby onions, truffled mash potato Roast free range chicken, cauliflower, bulgar wheat Slow cooked shoulder of lamb, cauliflower, pearl barley

#### Fish

Brixham day boat fish pie Steamed Hampshire chalk stream trout, fennel, dill, mussel salsa Fillet of Scottish salmon, curried crushed potatoes, spinach Peterhead cod, octopus, garlic sausage, braised white beans

#### Desserts

Milk chocolate peanut butter brownie Lemon meringue posset Passion fruit cheesecake Chilled coconut rice pudding, caramelised rum bananas

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## Afternoon Breaks

'Trad Tea '

£20 per person

Assorted finger sandwiches Homemade scones with Preston Hall (Suffolk) jams and Devonshire clotted cream Selection of afternoon sweets and cakes Pot of Jing tea

## 'Retro Tea'

£22 per person

Ham, egg and chip wrap / Coronation crab wrap Londoner sausage rolls / Prawnish pasty

Homemade scones with Preston Hall (Suffolk) jams and Devonshire clotted cream Cheese and Marmite scones

> Baby Wagon Wheels / Jammy Dodgers / Jaffa Cake / Battenberg Angel Delight Opera / Fried Nutella doughnuts

> > 'Cheeky Tea'

## £29 per person

Afternoon or Retro Tea served with a glass of Joseph Perrier Champagne or a pint of Long Arm beer

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